

MEET MR. COCKROACH!



He's usually brown or black, so he's good at hide-and-seek in dark places!

He can be as small as a paperclip or as big as a LEGO minifigure.

He has 6 long, spiky legs that help him run super-fast.

Two long, wiggly feelers on his head help him smell and find food.

He's got a hard, shiny back that helps protect him.

DID YOU KNOW?

Cockroaches have been around since dinosaurs roamed the Earth!



HOW CAN YOU HELP?

CLEAN UP CRUMBS

Cockroaches love snacks as much as you do! Always clean up food crumbs.

SEAL FOOD

Keep food in sealed containers so cockroaches can't get to it.

TELL AN ADULT

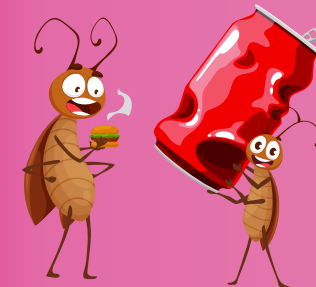
See a cockroach? Don't squish it! Tell an adult right away.

DON'T LEAVE WATER OUT

Cockroaches are thirsty too! Always dry the sink and don't leave water out.

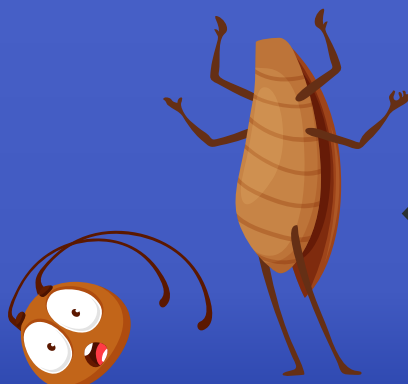
KEEP YOUR SPACE TIDY

A messy room is a cockroach's dream. Keep your room clean.



FUN FACT

A cockroach can live for a week without its head!



WHERE DO THEY LIVE?

Cockroaches love dark, warm places like behind the fridge, under the sink, and even in your toys!



FUN FACT

Cockroaches can run up to 3 miles an hour!



WHY ARE THEY BAD?

Cockroaches can spread germs & make people sick.



Remember, if you see Mr. Cockroach, it's time to tell an adult!



For more resources visit MaineBedBugsAndPestControl.com



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