

Maine Bedbugs and Pest Control
61 Westwood Road
Gray, Maine 04039
(207) 650-8654

Roach infestation Prevention.

Cut off water sources. Cockroaches must have a source of water. Depending on the temperature and their size, they can live for a month without any food, but no more than a week without water. Find all the water leaks in your house, and fix them. Once their water source(s) have been eliminated, they can be much more effectively treated.

Clean your house thoroughly. A clean house is key to keeping cockroaches away, and the first place to start is the kitchen. Wash your dishes and put food away promptly after meals. Clean up crumbs and spills right away, and generally keep the area clean. Pay special attention to range tops, as cockroaches love grease. **Also keep pet food in a container that can be sealed after your pet has fed.**

Mop the floor routinely. This should clean up crumbs and sticky spots. Do not slop water against the walls; remember, they need water.

Take out the trash regularly. Have one trash can for food in your house. Don't let it sit for too long. Use a trash can with a lid, rather than one that stays open. Keep it in sealed containers that aren't sitting right next to your house.

When you have accomplished these steps you are ready for your treatment.

Preparing for your roach treatment

After completing the above mentioned steps to minimize infestations:

- 1) Remove all items stored beneath both kitchen and bathroom sinks.
- 2) Remove any items from the top of the refrigerator.
- 3) Remove any food and drinks from other areas of the house. (Bedrooms, Living Rooms, etc.)
- 4) You may be asked to remove all items from cabinets and drawers in the kitchen and bathrooms in future treatments.

Successful treatment requires a minimum of 2 product applications scheduled at 2-3 week intervals.

Keep in mind that a number of factors contribute to our success including the quality of your prep work. Success requires as many treatments as necessary to get rid of all of them.

About a week after a treatment communicate with your Landlord and let them know if you are still seeing live roaches. It is also helpful you are able to report whether they are large adults or smaller juveniles.